

# Who's YOUR Farmer?

Certified Naturally Grown strives to move local food production in a more sustainable direction. Everyone can participate in this process by knowing how their food is produced.

Our certification program helps you buy fresh, locally grown food with confidence—confidence that the food on your table is good for your family and the environment.

CNG farmers and ranchers:

- ✓ Don't use synthetic chemical insecticides, herbicides, fungicides, or fertilizers
- ✓ Protect our soil, water, and air with crop rotation, cover crops, and buffer strips
- ✓ Don't use chemically treated or genetically modified (GMO) seeds
- ✓ Raise free-range livestock on open pasture
- ✓ Use feed grown without GMO seeds or synthetic materials
- ✓ Never use hormones or routine antibiotics on their livestock
- ✓ Maintain open records of farming practices online



Find our certification standards and profiles of all CNG Farms at

[www.naturallygrown.org](http://www.naturallygrown.org)

# What is Certified Naturally Grown?

Certified Naturally Grown (CNG) offers an alternative to the Certified Organic label. Our program is based on the same organic practices, but CNG is different in several ways:

## Grassroots

CNG is not affiliated with the US Department of Agriculture or any government agency. Started by farmers in 2002, member participation and support keeps us growing strong.

## Family Farms

Most farmers who use organic methods choose not to be certified due to concerns about expense and paperwork. Certified Naturally Grown offers those farmers a streamlined process and a legal way to describe their products to customers.



## Internationally Recognized

CNG is one of the four models of "Participatory Guarantee System" (PGS) certification supported by the International Federation of Organic Agricultural Movements (IFOAM) and encouraged by the United Nations FAO for tens of thousands of small farmers globally.

## Local

When you buy from a CNG farmer, you can be confident you're getting food produced nearby. Organic food from the grocery store may come from another country—or continent!

## Movement Building

CNG encourages farmers to adopt natural practices. Our peer-review inspections foster learning opportunities that build farmers' knowledge base and strengthen the farming community.

# Who's YOUR Farmer?

Certified Naturally Grown strives to move local food production in a more sustainable direction. Everyone can participate in this process by knowing how their food is produced.

Our certification program helps you buy fresh, locally grown food with confidence—confidence that the food on your table is good for your family and the environment.

CNG farmers and ranchers:

- ✓ Don't use synthetic chemical insecticides, herbicides, fungicides, or fertilizers
- ✓ Protect our soil, water, and air with crop rotation, cover crops, and buffer strips
- ✓ Don't use chemically treated or genetically modified (GMO) seeds
- ✓ Raise free-range livestock on open pasture
- ✓ Use feed grown without GMO seeds or synthetic materials
- ✓ Never use hormones or routine antibiotics on their livestock
- ✓ Maintain open records of farming practices online



Find our certification standards and profiles of all CNG farms at

[www.naturallygrown.org](http://www.naturallygrown.org)

# What is Certified Naturally Grown?

Certified Naturally Grown (CNG) offers an alternative to the Certified Organic label. Our program is based on the same organic practices, but CNG is different in several ways:

## Grassroots

CNG is not affiliated with the US Department of Agriculture or any government agency. Started by farmers in 2002, member participation and support keeps us growing strong.

## Family Farms

Most farmers who use organic methods choose not to be certified due to concerns about expense and paperwork. Certified Naturally Grown offers those farmers a streamlined process and a legal way to describe their products to customers.



## Internationally Recognized

CNG is one of the four models of "Participatory Guarantee System" (PGS) certification supported by the International Federation of Organic Agricultural Movements (IFOAM) and encouraged by the United Nations FAO for tens of thousands of small farmers globally.

## Movement Building

CNG encourages farmers to adopt natural practices. Our peer-review inspections foster learning opportunities that build farmers' knowledge base and strengthen the farming community.

## Local

When you buy from a CNG farmer, you can be confident you're getting food produced nearby. Organic food from the grocery store may come from another country—or continent!