

Thursday, June 19th

Coordinator: Johanna Maria Catharina Blom

Location: Chamber of Commerce, via Ganaceto 34, Modena

Room: Sala Leonelli

Language: English

Simultaneous translation available: Italian

General Education to Health

If we want a healthy future, we need healthy children. And in order to have healthy children, they need to eat the right quantity and quality of food. In the same way, if we want a sustainable future, we need to grow a new generation of consumers that are more conscious of their choices. However, most children and their parents, as well as consumers in general, lack information and education about nutrition. There is no better place to start educating our future adults than school. The following modules stress the relation between health, education and nutrition by making more conscious choices.

11:15 - 13:00 pm

A small dose of healthy nutrition: health and education.

Our ethical responsibility to our children and to future generations requires a precautionary approach. Health and nutrition education may be a winning strategy and it may help to ensure an environment that allows our children to develop to their full potential.

Moderator: Dr. Joan M.C. Blom

Keynote Speakers:

- Dr. Adam Greene
- Frances Moore Lappé