

Thursday, June 19th

Coordinator: Johanna Maria Catharina Blom

Location: Chamber of Commerce, via Ganaceto 34, Modena

Room: Sala Leonelli

Language: English

Simultaneous translation available: Italian

General Education to Health

If we want a healthy future, we need healthy children. And in order to have healthy children, they need to eat the right quantity and quality of food. In the same way, if we want a sustainable future, we need to grow a new generation of consumers that are more conscious of their choices. However, most children and their parents, as well as consumers in general, lack information and education about nutrition. There is no better place to start educating our future adults than school. The following modules stress the relation between health, education and nutrition by making more conscious choices.

14:30 - 16:45 pm

This block of short presentations is organized around 3 lines: Oral presentations will be 12 minutes each and will be followed at the end of each block by a short discussion.

I. Growing is knowing and knowing is growing.

Initiatives involving different age groups. When knowledge helps the young to grow into healthy adults, while knowledge at an older age may ensure healthy aging.

Participants:

1. Green, Cultivating the Future: the promise of a children's food garden
2. McKinnon, The school garden as an arena for ecological understanding and reconnection with nature
3. Caroli, Experience of Azienda USL Modena
4. De Vreese Luc, Belloi L., Bellei CG, Nutrition and cognitive decline in the Elderly
5. Cochrane, Science + Art = holistic thinking: an unorthodox approach to creating holistic thinkers in the Bachelor of Ecological Agriculture course offered through Charles Sturt University, Australia

II. As the world turns.

Experiences from different continents and different realities.

Participants:

1. Pawan, Life impregnation in dead school participation in learning and research in India
2. Ostrom, Ekologik – organic food as a tool for education for sustainable development in school
3. Piamonte, Development of an education strategy for Organic – biodynamic agriculture in Latin America and the Caribbean

III. A spoonful of organic ...

Experiences from different public catering settings (hospitals, schools etc.)

Participants:

1. Lesi, Hospital catering services project and promotion of health
2. Bertino, Organic food in school canteens in Italy
3. Blom, JMC and Bellei GC, Mindful Nutrition, Playful Education

Moderator: Dr. Joan M.C. Blom

Poster session:

Stallard, HDRA/Garden Organic's International Organic Information Service

Martignani, If you are fit, You win

Frammartino, INFOAGRO Agricultural and Food.